



## Counseling Subsidy Application

### **Explanation**

Through a designated fund, PLTS of Cal Lutheran students can apply for a counseling subsidy for up to 3 sessions or \$300.

This subsidy is designed to supplement student budgeting for mental health services and/or student utilization of insurance-provided mental health services. When seeking mental health services, students are encouraged to utilize services that offer a sliding scale payment option.

The student is responsible for payment of any difference or additional services beyond the amount of this counseling subsidy. The subsidy is renewable on a semesterly basis with submission of a letter from a therapist.

### **Payment**

In most cases, the student pays the therapist at the time of service. To be reimbursed, the student must provide the Student Affairs Office with a statement of account from the therapist showing a zero balance owed that demonstrates student payment at the time of service. If the therapist prefers to bill PLTS of Cal Lutheran, the therapist must complete a [W-9](#) to be on file with the university to be set up as a vendor prior to billing the university.

### **Apply**

Name \_\_\_\_\_

Date \_\_\_\_\_

Signature \_\_\_\_\_

*Return form to a member of the Spiritual Care Team or to the Student Affairs Office.*