

SUICIDE PREVENTION

National Suicide Prevention Lifeline

24/7 Telephone: (800) 273-TALK (8255)

Website: www.suicidepreventionlifeline.org

City of Berkeley Mental Health Mobile Crisis Team

Telephone monitored seven days a week from

11:30AM-10PM: (510) 981-5254

Crisis Support Services of Alameda County

24/7 Telephone: (800) 273-8255

Website: www.crisissupport.org

Interfaith Counseling Center, Berkeley

(formerly Lloyd Counseling Center)

Rates: Insurance, Sliding scale with special rates for students

Berkeley Telephone: (510) 225-5595

Website: www.interfaithcc.org

JFKU Oakland Community Counseling Center

Rates: Sliding Scale

Telephone: (510) 444-3344

Website: www.jfku.edu/Locations/Community-Counseling-Centers

San Francisco Night Ministry

Night ministers walk city streets every night of the year.

Address: 1031 Franklin St., San Francisco

Day Telephone: (415) 935-7862

Crisis telephone 10PM-4AM: (415) 441-0123

Email: office@sfnightministry.org

Emergency Funds Available from PLTS

A limited fund is available to assist PLTS students in the event of emergency situations. For more information, contact Christopher Evans, Associate Dean

Telephone: (510) 559-2737

Email: cevans@plts.edu

PLTS CARES

PLTS CARES emphasizes a holistic, intersectional approach to care of the seminary and individual students through a network of support, advocacy, and referral services. Through collaboration and coordination of resources, we seek to foster a vibrant and equitable community focused on the academic and personal success of students preparing for leadership in ministry settings.

We encourage and assist students to develop and sustain habits of self-care from the outset of their program and to continue these habits in their future ministry settings. These habits include, among others, arranging in advance a professional network to provide medical supports, mental health supports, spiritual direction and pastoral counseling, physical activity and movement, and academic and other accommodations.

Office of Student Affairs
Pacific Lutheran Theological Seminary

2000 Center St. Ste. 200
Berkeley, CA 94704

Please note that the resources listed are not endorsed by PLTS or Cal Lutheran but are provided as a starting point for one's own research to find a fit for your needs.



LOCAL COMMUNITY RESOURCES

plts

PACIFIC LUTHERAN THEOLOGICAL SEMINARY
Berkeley, CA www.plts.edu

SEXUAL ASSAULT SURVIVOR AID

- Call 911 for emergency medical treatment or to report rape

Alta Bates Summit Medical Center

Address: 2450 Ashby Avenue, Berkeley
Telephone: (510) 204-4444
POLICE INVOLVEMENT IS MANDATORY

UCB Health Services

Address: 2222 Bancroft Way, Berkeley
Telephone: (510) 642-2000
POLICE INVOLVEMENT IS MANDATORY

Bay Area Women Against Rape

Address: 470 27th St., Oakland
Telephone: (510) 845-7273
POLICE INVOLVEMENT IS OPTIONAL

Highland Sexual Assault Response Team

Address: 1411 E. 31st St., Oakland
Telephone: (510) 534-9290 or (510) 437-4019
POLICE INVOLVEMENT IS OPTIONAL

Alameda County DA's Office

(for legal assistance)
Address: 1225 Fallon St., Ste. 900, Oakland
Telephone: (805) 272-6222
Email: info@alcoda.org

For official notification to the University which will result in a report and investigation:

Christopher Evans, Deputy Title IX Coordinator & Associate Dean (also for immigration status and aid)
Telephone: (510) 559-2737
Email: cevans@plts.edu

DOMESTIC VIOLENCE

A Safe Place

24-hour crisis telephone: (510) 536-7233 (SAFE)
Website: www.asafeplacedvs.org
(serves women, children)

Family Violence Law Center,

24-hour crisis telephone: (800) 947-8301
Website: www.fvllc.org
(serves women, children, gay men)

S.A.V.E. (Shelter Against Violent Environments)

Crisis telephone: (510) 794-6055
Website: save-dv.org
(serves women, children)

HOMELESSNESS

City of Berkeley services at "The Hub"

(by phone or walk-in)
Address: 1901 Fairview Street, Berkeley
Telephone: (866) 960-2132
Hours: Monday-Friday 9AM-12PM & 1PM-4PM
Website: <http://www.ci.berkeley.ca.us>

Berkeley Food and Housing Project

(Co-located w/same hours as city's "Hub")
Telephone: (866) 960-2132
Website: www.bfhp.org

Bay Area Rescue Mission

Address: 200 McDonald Ave., Richmond
Telephone: (510) 215-4555
Single men must arrive by 6PM for emergency shelter, women and children receive beds as available by calling: (510) 215-4860

FAMILY PLANNING & SEXUAL HEALTH

City of Berkeley Public Health Clinic

serves city residents free or on sliding scale
Medi-Cal accepted

Address: 830 University Ave., Berkeley
Telephone: (510) 981-5350

By appointment during hours of:
Mon., Tues. 8AM-11AM, 1PM-3PM
Thurs. 10AM-12PM; select Saturdays
11:30AM-2:30PM

Limited number of drop-ins on Monday
afternoons and Saturdays

Website: http://www.ci.berkeley.ca.us/Health_Human_Services

Email: PublicHealth@cityofberkeley.info

Planned Parenthood

By appointment: El Cerrito Health Center
Address: 320 El Cerrito Plaza, El Cerrito
Telephone: (510) 527-5806
West Oakland clinic:
Address: 1682 7th Street, Oakland
Telephone: (510) 300-8000

Spiritual Care Team

510-559-2765

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