### EAST BAY CENTERS

**East Bay Innovations** Telephone: (510) 618-1580 Address: 2450 Washington Ave. Ste. 240, San Leandro Website: www.eastbayinnovations.org

Regional Center of East Bay Telephone: (510) 618-6100 Address: 500 Davis St. Ste. 100, San Leandro Website: www.rceb.org

Ability Now Bay Area Telephone: (510) 531-3323 Address: 4500 Lincoln Ave., Oakland Website: www.abilitynowbayarea.org

**The Arc: San Francisco** Telephone: (415) 255-7200 Address: 1500 Howard St., SF Website: <u>www.thearcsf.org</u>

# CAL LUTHERAN SUPPORT SERVICES

If you require educational, medical, mental health, ability, or related accomodations in the classroom, in student housing, or in other campus activities and settings, please contact Disability Support Services to begin the accomodations and process.

Some accommodations may take some time to set-up, so you are encouraged to contact DSS in advance of the start of an academic term or year.

Telephone: (805) 493-3464 Email: dss@callutheran.edu Website: <u>www.callutheran.edu/students/dis-ability-services</u>

### PLTS CARES

PLTS CARES emphasizes a holistic, intersectional approach to care of the seminary and individual students through a network of support, advocacy, and referral services. Through collaboration and coordination of resources, we seek to foster a vibrant and equitable community focused on the academic and personal success of students preparing for leadership in ministry settings.

We encourage and assist students to develop and sustain habits of self-care from the outset of their program and to continue these habits in their future ministry settings. These habits include, amont others, arranging in advance a professional network to provide medical supports, mental health supports, spiritual direction and pastoral counseling, physical activity and movement, and academic and other accomodations.

Office of Student Affairs Pacific Lutheran Theological Seminary

2000 Center St. Ste. 200 Berkeley, CA 94704

Please note that the resources listed are not endorsed by PLTS or Cal Lutheran but are provided as a starting point for one's own research to find a fit for your needs.

# ACCESS RESOURCES

PACIFIC LUTHERAN THEOLOGICAL SEMINARY Berkelev. CA www.plts.edu



## SERVICES IN BERKELEY

#### Bay Area Outreach and Recreation Program

Telephone: (510) 849-4663 Address: 600 Bancroft Way Website: <u>www.borp.org</u>

**Bonita House Berkeley** Telephone: (510) 923-1099 Address: 6333 Telegraph Ave., Ste. 102 Website: <u>www.bonitahouse.org</u>

**Berkeley Youth Living with Disabilities** Telephone: (510) 845-2744 Address: 2110 Eighth St. Website: <u>www.buildhouse.org</u>

**Center for Accessible Technology** Telephone: (510) 841-3224 Address: 2547 Eighth St. 12-A Website: <u>www.cforat.org</u>

**Center for Independent Living** Telephone: (510) 841-4776 Address: 2539 Telegraph Ave. Website: <u>www.cilberkeley.org</u>

**Easy Does It** Telephone: (510) 845-5513 Address: 1732 University Ave. Website: <u>www.easydoesitservices.org</u>

**Through The Looking Glass** Telephone: (510) 848-1112 Address: 2198 Sixth St., Ste. 100 Website: <u>www.lookinglass.org</u>

### SERVICES IN THE COMMUNITY

Aids Legal Referral Panel Telephone: (415) 701-1200 Address: 1663 Mission St. Ste. 500, SF Website: www.alrp.org

**Community Living Campaign** Telephone: (415) 431-7522 Address: 1663 Mission St. Ste. 525, SF Website: <u>www.sfcommunityliving.org</u>

Hearing and Speech Center Telephone: (415) 921-7658 Address: 1234 Divisadero St., SF Website: <u>www.hearingspeech.org</u>

**Golden Gate Regional Center** Telephone: (415) 546-9222 Address: 1355 Market St. Ste. 220, SF Website: <u>www.ggrc.org</u>

#### HomeBridge

Telephone: (415) 255-2079 Address: 1035 Market St., L-1, SF Website: <u>www.homebridgeca.org</u>

### Lighthouse for the Blind & Visually Impaired

Telephone: (415) 431-1481 Address: 1155 Stevenson Street, SF Website: <u>www.lighthouse-sf.org</u>

### Support For Families of Children with Disabilities

Telephone: (415) 920-5040 Address: 1663 Mission St. Ste. 700, SF Website: <u>www.supportforfamilies.org</u>

#### The Arc: San Francisco

Telephone: (415) 255-7200 Address: 1500 Howard St., SF Website: <u>www.thearcsf.org</u>

### EAST BAY PARATRANSIT

East Bay Paratransit is a public transit service for people who are unable to use regular buses or trains, like those operated by AC Transit and BART, because of a disability or a disabling health condition. East Bay Paratransit transports riders from their origin to their destination in vans equipped with a wheelchair lift.

Telephone: (510) 287-5000 Address: 1750 Broadway, Oakland Website: www.eastbayparatransit.org

#### Service Hours:

Service is provided during the hours of AC Transit's bus and BART's rail operations. Service is limited to areas within <sup>3</sup>/<sub>4</sub> mile of an operating bus route or BART station.

