PLTS Living Bread Food Pantry

Healthy non-perishable foods are regularly purchased and made available on the shelves near La SALA (Student Association Lounge Area). Additional food donations are made by community members. The guidelines for the pantry are simple:

• Take what you need when you need it

• Bring something to share as you are able

Food Cards

For fresh foods and additional food support, \$25 Safeway food cards are available from Christopher Evans in Student Affairs: (510) 559-2737 or <u>cevans@plts.edu</u>. If you need assistance, please do not hesitate to contact Christopher. Your food needs request will be handled in a caring, sensitive, and private manner.

Office of Student Affairs

Pacific Lutheran Theological Seminary

2000 Center St. Ste. 200 Berkeley, CA 94704



Food Resources for the East Bay: Berkeley & Oakland



Berkeley

Berkeley Food Pantry Mon, Wed, Fri: 2PM-4PM Address: 1600 Sacramento Street Telephone: (510) 525-2280 Website: https://www.berkeleyfoodpantry.org/

Lutheran Church of the Cross Free dinner every Wednesday: 5PM Address: 1744 University Avenue Telephone: (510) 848-1424

Food Not Bombs People's Park Mon-Fri: 3PM Soup Address: 2556 Haste St., Website: http://ebfnb.org/

Night on the Streets Catholic Worker at People's Park Sun: 7:30AM breakfast. At 8:10AM, the meal moves to

Center Street between Milvia and Martin Luther King Telephone: (510) 684-1892

Women's Daytime Drop-in Center Mon-Fri: 8AM-4PM (closed 1st Friday of each month) Daily: 8AM-10AM breakfast & 12PM-12:30PM lunch Address: 2218 Acton (& Bancroft) Telephone: (510) 548-2884

Trinity United Methodist Church Mon-Wed: 3:45PM-4:30PM meal & Thu-Fri: 3:30PM-4PM brown bag. Vegetarian option available. Address: 2362 Bancroft Way Telephone: (510) 649-4976

St. Mark's Episcopal Church Mon: 6PM-9PM. Dinner provided. 3rd Sat of the month. 5PM Address: 2300 Bancroft (& Ellsworth). 2nd Floor Telephone: (510) 423-3303 or (510) 848-5107

Newman Hall - Loaves and Fishes 1st Sat of the month: 4PM –7PM Meals "to-go" at 4:45PM Address: 2700 Dwight Way (& College) Telephone: (510) 848-7812

Dorothy Day Breakfast Mon-Sat at 7AM-8AM Address: 2138 Cedar Street, Berkeley - Christ Church

Berkeley Cont.

McGee Avenue Baptist Church Mon. Wed. Fri: 12PM Address: 1640 Stuart at McGee Telephone: (510) 843-1774

St. Paul AMF Church Tues: 11:30AM Address: 2024 Ashby at Adeline Telephone: (510) 848-2050

South Berkeley Community Church Thurs: 12PM Address: 1802 Fairview at Ellis Telephone: (510) 652-1040

Church by the Side of the Road Second Sun of the month: 1PM Address: 2108 Russell at Lorina

Monday, Tuesday, Thursday, Friday: 4PM Address: 2362 Bancroft Way - Trinity Church Telephone: (510) 649-4965 ext. 304

Second and last Sat of the month: 5PM Address: 2407 Dana at Haste Telephone: (510) 848-6242

First and Fourth Sun of the month: 3PM

All Souls Episcopal Parish

Second Sun of the month: 4PM-6:30PM Address: 2220 Cedar at Spruce Telephone: (510) 848-1755

Congregation Beth El Third Sun of the month: 5PM-8PM Address: 1301 Oxford at Rose Telephone: (510) 848-3988



Oakland

Alameda County Community Food Bank Mon-Fri: 9AM-5PM Address: 7900 Edgewater Drive Telephone: (510) 635-FOOD (3663) Email: info@accfb.org

Feed My Sheep

Box lunches every third Sat: 12PM-2PM Address: 8825 MacArthur Boulevard Telephone: (510) 384-8604

Lake Merritt United Methodist Church Second and fourth Sat: 9:30AM-12PM Address: 1330 Lakeshore Avenue. Telephone: (510) 465-4793

Food Stamps (SNAP)

California's food assistance program, CalFresh, is the state's version of the federal Supplemental Nutritional Assistance Program (SNAP), formerly known as food stamps. U.S. citizens and most documented permanent residents are eligible based on income.

Applications can be completed online at www.mybenefitscalwin.org or in person, with assistance available, at the Alameda County Social Services Agency North County Multi-Service Center, Address: 2000 San Pablo Ave, Oakland, CA Telephone: (510) 891-0700.

Monthly income limits and maximum benefits by household are as follows:

Single	\$1,980	\$194	
Couple	\$2,670	\$357	

Family limits and benefit amounts and more information is available at http://www.alamedasocialservices.org/public/

Berkeley Food and Housing Project - Quarter Meal

First Presbyterian Church

St. Mary Magdalen Church

Address: 2005 Berryman at Henry Telephone: (510) 526-4811