

OAKLAND

Alameda County Community Food Bank

Mon-Fri: 9AM-5PM
Address: 7900 Edgewater Drive
Telephone: (510) 635-FOOD (3663)
Email: info@accfb.org

Feed My Sheep

Box lunches every third Sat: 12PM-2PM
Address: 8825 MacArthur Boulevard
Telephone: (510) 384-8604

Lake Merritt United Methodist Church

Second and fourth Sat: 9:30AM-12PM
Address: 1330 Lakeshore Avenue,
Telephone: (510) 465-4793



PLTS CARES

PLTS CARES emphasizes a holistic, intersectional approach to care of the seminary and individual students through a network of support, advocacy, and referral services. Through collaboration and coordination of resources, we seek to foster a vibrant and equitable community focused on the academic and personal success of students preparing for leadership in ministry settings.

We encourage and assist students to develop and sustain habits of self-care from the outset of their program and to continue these habits in their future ministry settings. These habits include, among others, arranging in advance a professional network to provide medical supports, mental health supports, spiritual direction and pastoral counseling, physical activity and movement, and academic and other accommodations.

Office of Student Affairs
Pacific Lutheran Theological Seminary

2000 Center St. Ste. 200
Berkeley, CA 94704

Please note that the resources listed are not endorsed by PLTS or Cal Lutheran but are provided as a starting point for one's own research to find a fit for your needs.

FOOD RESOURCES

BERKELEY

Berkeley Food Pantry

Mon, Wed, Fri: 2PM-4PM
Address: 1600 Sacramento Street
Telephone: (510) 525-2280
Website: www.berkeleyfoodpantry.org

Lutheran Church of the Cross

Free dinner every Wednesday: 5PM
Address: 1744 University Avenue
Telephone: (510) 848-1424

Food Not Bombs People's Park

Mon-Fri: 3PM Soup
Address: 2556 Haste St.
Website: www.ebfnb.org

Night on the Streets Catholic Worker

Sun: 7:30AM breakfast at People's Park; at 8:10AM, the meal moves to Center Street between Milvia and MLK
Telephone: (510) 684-1892

Women's Daytime Drop-in Center

Mon-Fri: 8AM-4PM (closed 1st Friday/mo)
Meals Daily: 8AM-10AM & 12PM-12:30PM
Address: 2218 Acton (& Bancroft)
Telephone: (510) 548-2884

Trinity United Methodist Church

Mon-Wed: 3:45PM-4:30PM meal & Thu-Fri: 3:30PM-4PM brown bag. Vegetarian available.
Address: 2362 Bancroft Way
Telephone: (510) 649-4976

St. Mark's Episcopal Church

Mon: 6PM-9PM. Dinner provided.
3rd Sat/mo, 5PM
Address: 2300 Bancroft, 2nd Floor
Telephone: (510) 423-3303/(510) 848-5107

Newman Hall - Loaves and Fishes

1st Sat/mo: 4PM-7PM Meals to-go at 4:45PM
Address: 2700 Dwight Way (& College)
Telephone: (510) 848-7812

Dorothy Day Breakfast

Mon-Sat at 7AM-8AM
Address: 2138 Cedar Street - Christ Church

BERKELEY CONT.

McGee Avenue Baptist Church

Mon, Wed, Fri: 12PM
Address: 1640 Stuart at McGee
Telephone: (510) 843-1774

St. Paul AME Church

Tues: 11:30AM
Address: 2024 Ashby at Adeline
Telephone: (510) 848-2050

South Berkeley Community Church

Thurs: 12PM
Address: 1802 Fairview at Ellis
Telephone: (510) 652-1040

Church by the Side of the Road

Second Sun of the month: 1PM
Address: 2108 Russell at Lorina

Berkeley Food and Housing Project - Quarter Meal

Monday, Tuesday, Thursday, Friday: 4PM
Address: 2362 Bancroft Way - Trinity Church
Telephone: (510) 649-4965 ext. 304

First Presbyterian Church

Second and last Sat of the month: 5PM
Address: 2407 Dana at Haste
Telephone: (510) 848-6242

St. Mary Magdalen Church

First and Fourth Sun of the month: 3PM
Address: 2005 Berryman at Henry
Telephone: (510) 526-4811

All Souls Episcopal Parish

Second Sun of the month: 4PM-6:30PM
Address: 2220 Cedar at Spruce
Telephone: (510) 848-1755

Congregation Bethel

Third Sun of the month: 5PM-8PM
Address: 1301 Oxford at Rose
Telephone: (510) 848-3988

PLTS LIVING BREAD FOOD PANTRY

Healthy non-perishable foods are regularly purchased and made available on the shelves near La SALA (Student Association Lounge Area). Additional food donations are made by community members. The guidelines for the pantry are simple:

Take what you need when you need it
Bring something to share as you are able

GROCERY CARDS

For fresh foods and additional food support, \$25 grocery cards are available to PLTS students from Student Affairs: (510) 559-2713 or studentinformation@plts.edu. If you need assistance, please do not hesitate to contact Student Affairs. Your food needs request will be handled in a caring, sensitive, and private manner.

PET FOOD PANTRY

Berkeley Humane's Pet Food Pantry program provides free pet food to low-income pet guardians in Alameda & Contra Costa Counties.
Website: www.berkeleyhumane.org/Pet-Food-Pantry