PLTS CARES

PLTS CARES emphasizes a holistic, intersectional approach to care of the seminary and individual students through a network of support, advocacy, and referral services. Through collaboration and coordination of resources, we seek to foster a vibrant and equitable community focused on the academic and personal success of students preparing for leadership in ministry settings.

We encourage and assist students to develop and sustain habits of self-care from the outset of their program and to continue these habits in their future ministry settings. These habits include, among others, arranging in advance a professional network to provide medical supports, mental health supports, spiritual direction and pastoral counseling, physical activity and movement, and academic and other accommodations.

Office of Student Affairs
Pacific Lutheran Theological Seminary
2000 Center St. Ste. 200
Berkeley, CA 94704

Please note that the resources listed are not endorsed by PLTS or Cal Lutheran but are provided as a starting point for your own research to find a fit for your needs.

NATIONAL ORGANIZATIONS

National Organizations
American Civil Liberties Union (ACLU)
Website: www.aclu.org

Human Rights Campaign
Telephone: (202) 628-4160
Website: www.hrc.org

International Gay and Lesbian Human Rights Commission
Telephone: (415) 255-8680
Website: iglhrc.org

Intersex Society of North America
Telephone: (707) 283-0036
Website: www.isna.org

National Center for Lesbian Rights
Telephone: (415) 392-6257
Website: www.nclrights.org

National Gay Lesbian Task Force
Telephone: (202) 332-6483
Website: www.thetaskforce.org

EXTRAORDINARY LUTHERAN MINISTRIES

ELM affirms and supports LGBTQIA+ Lutheran rostered leaders and those pursuing a call to rostered leadership
Telephone: (312) 759-7070
Email: info@elm.org
Website: www.elm.org

Gender and Sexual Diversity Resources

Please note that the resources listed are not endorsed by PLTS or Cal Lutheran but are provided as a starting point for your own research to find a fit for your needs.
COMMUNITY CENTERS

Pacific Center for Human Growth, East Bay GBLT Community Center
Telephone: (510) 548-8283
Address: 2712 Telegraph Ave., Berkeley
Website: www.pacificcenter.org

Rainbow Community Center – Contra Costa
Telephone: (925) 692-0090
Address: 2118 Willow Pass Rd. #500, Concord
Website: rainbowcc.org

San Francisco LGBT Community Center
Telephone: (415) 865-5555
Address: 1800 Market St., SF
Website: www.sfcenter.org

Center for LGBTQ and Gender Studies
Telephone: (510) 849-8206
Address: 1798 Scenic Ave., Berkeley
Website: www.clgs.org

Spectrum, Marin LGBT Community Center
Telephone: (415) 457-1115
Address: 910 Irwin St., San Rafael
Website: www.spectrummarin.org

Kensho Center
Website: www.kenshocenter.com

ADVOCACY AND SUPPORT SERVICES

California Alliance for Pride and Equality (CAPE)
Telephone: (562) 439-7304
Website: www.capealliance.org

Equal Rights Advocates
Telephone: (415) 621-0672
Website: www.equalrights.org

FORGE
Website: www.forge-forward.org

Gay Lesbian Bisexual Transgender Historical Society of Northern California
Telephone: (415) 777-5455
Address: 657 Mission St., SF
Website: www.glbthistory.org

Gay, Lesbian & Straight Education Network (GLSEN)
Website: www.glsen.org

Out And Equal Workplace Advocates
Telephone: (415) 439-4272
Website: www.outandequal.org

Transgender Law Center
Telephone: (415) 865-0176
Website: www.transgenderlawcenter.org

MENTAL HEALTH

Bay Area Open Minds
Website: bayareaopenminds.org

New Perspectives
Telephone: (415) 752-5275
Address: 5026 Geary Blvd., SF
Website: www.sfnewperspectives.org

Dimensions Clinic at Castro-Mission Health Center
Telephone: (415) 934-7757
Address: 3850 17th St., SF
Website: http://www.dimensionsclinic.org

Queer LifeSpace
Telephone: (415) 358-2000
Address: 2275 Market St. #7, SF
Website: www.queerlifespace.org

HEALTH

Gay & Lesbian Medical Association/Gay & Lesbian Physician Referral
Telephone: (415) 255-4547
Website: www.glma.org

Lyon-Martin Health Services
Telephone: (415) 565-7667
Address: 1735 Mission St., SF
Website: www.sfccc.org/clinics/lmwhs

Tom Waddell Urban Health Clinic
Telephone: (415) 554-2950
Address: 230 Golden Gate Ave., SF
Website: www.sfhealthnetwork.org