

PLTS Living Bread Food Pantry Donation List:

- Dry Foods:
 - Pastas
 - Rices
 - Beans
 - Lentils
 - Dried Fruits
 - Nuts
 - Side dish options:
 - Rice A Roni
 - Hamburger Helper
 - Macaroni and Cheese boxes and cups
 - Oatmeal
 - Cream of Wheat
 - Cereals:
 - Raisin Bran
 - Cheerios
 - Honey Nut Cheerios
 - Rice Krispies
 - Chex
 - Corn Flakes
 - Other healthy, high fiber, high protein cereals
 - Muesli/Granola
 - Cinnamon Toast Crunch
 - Honey Bunches of Oats
 - Sandwich Bread
 - Tortillas
 - Study Snacks
 - Crackers
 - Chips
 - Popcorn
 - Granola Bars
 - Pancake mix
- Baking/Cooking Items:
 - Vegetable Broth
 - Chicken Broth
 - Bullion Cubes
 - Sugar
 - White
 - Brown
 - Powdered
 - Cake mixes
 - Brownie mixes
 - Salt
 - Baking Powder
 - Baking Soda
 - Herbs:
 - Oregano

- Basil
 - Pepper
 - Paprika
 - Flour
 - Olive Oil
 - Vegetable Oil
- Beverages:
 - Shelf-stable milk (cow, soy, rice, almond, cashew, oat, hemp...)
 - Tea bags
 - Coffee Beans and Grounds
 - Coffee K-Cups
 - Tea K-Cups
 - Juices
 - Apple
 - Orange
 - Lemonade
 - Grape
 - Gatorade
- Household Items:
 - Toilet Paper
 - Paper Towels
 - Sanitizing/Cleaning materials
 - Dish washing soap
 - Hand washing soap
 - Sponges
 - Baby Diapers
 - Feminine Hygiene Products
 - Pads
 - Tampons
 - Plastic Storage Bags (i.e. Ziplock bags)
 - Body Wash Soap
 - Shampoo and Conditioner
 - Men and Women's
 - Toothbrushes
 - Toothpaste
 - Mouthwash
 - Floss
 - Kitchen Trash bags
 - Lotion
 - Hand sanitizer
- Canned/Sealed Items:
 - Tomato Sauce
 - Ketchup
 - Salad Dressings
 - Mayonnaise
 - Soups
 - Chilies
 - Peanut Butter
 - Jelly

- Jam
- Canned Fruits
- Fruit Cups
- Canned Tuna
- Canned Chicken
- Pasta sauces
- Syrup