Persons of Colour Resources

QTPOC Mental Health

Center for Creative Growth
Address: 1221 Marin Ave., Albany, CA
Telephone: (510) 527-2100
Website: www.creativegrowth.com

Kensho Center
Note from a QTPOC: Wanted to recommend the therapists and affiliates with the Kensho Center in Berkeley. I do not know how many of them are queer, but they’re majority POC. They do sliding scale.
Website: http://www.kenshocenter.com/

The Pacific Center
Address: 2712 Telegraph Ave, Berkeley, CA
Telephone: (510) 548-8283
Notes: Sliding scale therapy, rotating interns (unknown how many are qpoc)
Website: www.pacificcenter.org/

Women’s Therapy Center
Address: 2105 Martin Luther King Jr. Way, Berkeley, CA
Notes: Sliding scale therapy, rotating interns (unknown how many are qpoc)
Telephone: (510) 524-8288
Website: www.womenstherapy.org/

Please note that the following resources listed are not endorsed by PLTS or Cal Lutheran but are provided as a starting point for one’s own research to find a fit for their needs.

Office of Student Affairs
Pacific Lutheran Theological Seminary
2000 Center St. Ste. 200
Berkeley, CA 94704
Centers and Organizations

African American Service Agency
To perpetuate and strengthen African American identity, culture, values, traditions, knowledge and family life is at the heart of all programs.
Website: www.sjaacsa.com/

Spanish Speaking Citizens’ Foundation
The Spanish Speaking Citizens’ Foundation was established in 1964 by a group of visionaries dedicated to improving our community for Latino residents in Oakland.
Website: www.sscf.org/index.php/en/

La Peña
La Peña is a vibrant non-profit community cultural center with a global vision that has promoted social justice, arts participation, and intercultural understanding.
Website: www.lapena.org/

Oakland Asian Cultural Center
OACC builds vibrant communities through Asian and Pacific Islander arts and cultural programs that foster intergenerational and cross-cultural dialogue and understanding, collaboration, and social justice.
Website: www.oacc.cc/

Groups, Advocacy, and Support

People of Color (POC) at Augustine Church
This meeting is open and anyone may attend.
Speaker/Discussion
Telephone: (510) 839-0709
Website: www.eastbayaa.org/meetings/people-of-color-poc

People of Color Sangha
Sangha is the Pali and Sanskrit word for assembly and community, and is used to describe a group of people who come together to practice meditation and mindfulness together.
Website: www.eastbaymeditation.org/

People of Color Sustainable Housing Network
We are a resource network for people of color interested in building intentional, healthy, and affordable housing communities in the Bay Area and beyond.
Website: www.pochousingnetwork.com/

Groups

Oakland Rising
We are a multilingual, multiracial collaborative with deep roots in East and West Oakland’s neighborhoods, proving that everyday residents working together have the power to change the way our city is run
Telephone: (510) 261-2600
Website: www.oaklandrising.org/

San Francisco Rising
San Francisco Rising is a vibrant young electoral alliance that builds the political power of working class communities of color in San Francisco
Website: www.sfrising.org/

Bay Area Black United Fund
To serve as a regional intermediary in the pursuit of health, social, economic, and place equity for Bay Area Black residents.
Telephone: (510) 763-7270
Website: www.babuf.org/