NEED HELP?

Your mental and emotional health are important aspects of your spiritual health. If you're in need of support, please ask for help. Inside are some local options with sliding scale fees, which means as a seminary student money doesn't have to be a barrier to getting the support you need.

Additional funds are available through Student Affairs. Contact Christopher Evans at cevans@plts.edu for more information.

Bay Area Counseling Services
Oakland Community Counseling Center in Oakland
Rates: Sliding Scale
Website: www.jfku.edu/Locations/Community-Counseling-Centers/Oakland-Center-Holistic-Counseling
Phone: (510) 444-3344

Interfaith Counseling Center in San Anselmo and Berkeley
Rates: Insurance, Sliding scale with special rates for students
Website: www.interfaithcc.org
San Anselmo Phone: (415) 256–9701
Berkeley Phone: (510) 225–5595

A Safe Place to Heal in Oakland
Rates: Insurance, Varied rates depending on the counselor
Website: www.safeplacetohal.com
Phone: See website as there are different numbers for each therapist.

Berkeley Christian Counseling in Berkeley
Rates: Sliding Scale
Website: www.berkeleychristiancounselors.org
Phone: 510-548-5858

Center for Creative Growth in Berkeley
Rates: Insurance, Sliding Scale
Website: www.creativegrowth.com
Phone: 510-527-2100

This panel left blank for you to write appointments, etc. in private.